

Clausen, Hermann, Dunn On Their Way To Sydney Tremendous Performances Despite Deplorable Conditions

Sacramento, Cal., February 13 (Thanks to Merle Smith, Al Heppner, and Bob Bowman)
Presenting the 2000 U.S. Olympic Team, 50 Km racewalk--Curt Clausen, Andrew Hermann,
Philip Dunn. The conditions were deplorable, but the performances were superlative.

It would probably be a mistake to say these guys ignored the conditions. How could they.
Or that they were unperturbed by the conditions. How could that be. But they certainly were not
deterred from their Olympic mission. The three ARCO Training Center athletes overcame sub 50
degree temperatures, driving rain, and wind gusts up to 50 mph, as well as strong competition, to
finish 1-2-3 in today's Olympic Trial race. They had to face the full force of that wind, which was
steady at about 30 mph and was tearing limbs off trees along the course, for 500 meters on each of
the 25 2 km laps.

In winning, The 32-year-old Clausen went under 4 hours for the fourth time in a year
(since last February 14) with a 3:56:16, amazing time in the conditions. With one earlier race
under 4 hours, he surpassed Marco Evoniuk and Allen James, who both had four trips under that
mark and equalled Carl Schueler at five. We can certainly expect a sixth before the year is out.

Hermann matched Curt stride for stride through 45 kms and was rewarded with a
personal best of 3:57:56. That's 30 seconds under his previous best, which he had done on a day
much more suitable to racing, and is his third sub-4 hour performance. Dunn overcame leg
cramps shortly after the 35 km mark that dropped him well back of Al Heppner for the third spot,
but rallied strongly to move back in contention. When Heppner himself succumbed to the
conditions, Dunn was home free for an Olympic berth. But, despite the horrendous conditions,
nine of the thirteen starters finished the race, and the other four were disqualified.

The race shaped up from the beginning as an Olympic Training Center battle as the first
three finishers and Heppner went out as a team. Jonathan Matthews joined them in the early race
but found he could not match their 4 hour pace.

Using the team approach through almost 30 km, the foursome took turns setting the pace
and blocking the wind for each other, before Clausen and Hermann broke from the other two.
After the break, Dunn had to stop with his leg cramps. After some stretching and strolling, he was
back on course, but had lost about 2 minutes to Heppner. He was able to pick up the pace and
was gaining ground back on Heppner, who still looked strong. But, then Heppner, too, found the
conditions and the pace too much for his body and was barely moving when he had to call it a day.
As it turned out, he had a third red card before he stopped, so he was officially listed as a DQ.

Dunn was well clear of Matthews by this point and came home a well-deserved third in
4:07:00. Phil already had the necessary qualifying time (sub 4:00) with his 3:59:53 from last year's
World Cup, so the team was complete. A proud moment for Portland, Oregon. Both Dunn and
Hermann attended Portland high schools, where Philip taught Andrew the rudiments of the sport.

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Both now 28, they have come a long way since, and followed different paths to this point, but rejoice together. It was especially rewarding for Hermann, who was second in the 1996 Trials at the distance, but never met the Olympic A standard and didn't get to compete. After the race, Clausen, now sporting a shaved head and a nice goatee, said that this would be his last 50 until the Olympics in September and then "I will let it go." He definitely has a medal as a goal. And, certainly, Mr. Hermann can't be taken lightly with his performance on a day made more for penguins.

Matthews, now 43 and forced by Montana's winter weather to train primarily on a treadmill, had a courageous performance of his own. And he fully appreciated what had been accomplished by the others. He says, "Knock at least 10 minutes off the lead trio's times for an approximation of what they might have walked in non-typhoon conditions. And that is a very conservative adjustment; 15 minutes off might be more appropriate." Jonathan also noted that "the cruel 50 kilometer racewalk will never again get to torment me. Ah, the relative pleasure of a 20K!"

A quick count tells me that Andrew and Philip become the 55th and 56th U.S. Olympic racewalkers, Curt, of course, was on the 1996 team at 20 km.

Results:

1. Curt Clausen, NYAC 3:56:16 2. Andrew Hermann, Multanmah AC 3:57:54 3. Philip Dunn, adidas TC 4:07:00 4. Jonathan Matthews, New Balance 4:21:39 5. Andrzej Chylinski, NYAC 4:26:07 6. Gary Morgan, NYAC 4:37:02 7. Mark Green, Las Vegas Walkers 4:50:46 8. Will Leggett, un. 5:05:01 9. Theron Kissinger, un. 5:06:37 DQ—Col. Steve Pecinovsky, USAF; John Soucheck, Shore AC; Marco Evoniuk, un.; and Al Heppner, NYAC. (Note that four of the thirteen competitors are in their 40s, so we still have some development work to do for the future of the event.) (Reported 10 Km splits for the leaders were: 48:02, ~1:35:00 (46:38), 2:22:10 (47:10), 3:09:30 (47:20), and 3:56:16 (46:46).

A Boost From the Top

A couple of days after the 50 Km Trials, USA Track & Field CEO, who was at the race along with USATF President Pat Rico, released the following letter on Runnersworld Online. It would certainly seem that we have a champion for our cause at the top.

I'm mad as hell and we shouldn't take it any more. The famous words from the movie "Network" express my opinion upon reading the Monday newspapers following a great, even historic, weekend of running, track and field, and racewalking. In one weekend, three athletes qualified as the first members of our Olympic track and field team in the 50 km walk, two athletes distinguished themselves with precedent-setting performances at the National Cross-Country Championships, there were some great road races, and a new, purpose-built track arena debuted

with spectacular success. The attention paid by the media outside of the cities where the events took place was dismal, pitiful, and barely existent.

Let me begin by admitting that much of this is our own doing. We as a sport have been dismal, pitiful, and barely existent vis-a-vis the sophisticated, well-funded marketing and public relations machines of the professional sports organizations. The fans of our sport sat by silently while a demonstrable decline in coverage of our sport has occurred. But enough is enough.

I had the privilege of witnessing the Olympic Trials for the 50 km racewalk in Sacramento when an exciting battle for the three Olympic spots unfolded in terrible weather. A driving rain and winds up to 30 mph made competing at the more than 30-mile distance extra difficult, but in the end Curt Clausen, Andrew Hermann, and Philip Dunn emerged as Olympians with Clausen establishing a new Trials record and Hermann recording a personal best. This race featured amazing stories of personal courage and the ability to overcome adversity.

The U.S. will send its best-ever 50 km racewalk team to Sydney. However, few people know it because the race went unreported except by the local media. About 70 million Americans call themselves "fitness walkers" and both the participation and performance levels of our racewalkers have improved dramatically in recent years. Even if the racewalk participation numbers weren't huge, there are far more racewalkers than lugers and bobsledders, sports that get heavy attention in Winter Olympic years despite years of modest performances at the Games. *(A brief discussion of the National CC meet and the Tyson Invitational track meet in Fayetteville, Arkansas follow.)*

What should we do? First, USA Track and Field needs to improve the interaction with the media. We have firm plans to achieve this in the near future with both traditional and on-line media. Second, you shouldn't accept this treatment of the sport you follow and love (why else would you have made it this far in this column?) Instead of muttering under your breath about the situation, write a letter, make a call, or send an e-mail to *USA Today*, or ESPN SportsCenter, or *Sports Illustrated*, or your local paper asking or demanding more coverage. The sports editors or producers at these organizations tell me they don't cover our sport because "nobody cares." I care, you care, and if we make our wishes and voices heard, our athletes and their performances will get the attention they deserve.

Not to detract from the importance of Craig's stance, but, if you write Sports Illustrated, you can now congratulate them and encourage them to do more, because, as it turns out, they were covering the race. They give almost a full page to the event, actually to Curt Clausen, in their Feb. 21 issue, complete with a three-column photo. And they have come up with a human interest angle I wasn't aware of. The following is taken from the article, entitled "No Stroll in the Park" by Brian Cazeneuve.

Clausen couldn't help but think of one person he hopes will chart his progress at the Sydney Games in September, if only from a distance. In 1998, Clausen's detective work turned up the identity of the woman who was 16 when she bore him and put him up for adoption in Trenton, N.J. He has written to her but is still waiting for a response. His adoptive mother, Virginia, who raised him in Stevens Point, Wis., was in Sacramento, one of eight dripping supporters in CURT CLAUSEN sweatshirts. "I look at my adoptive mother and see unconditional love," Clausen says, "but when people look at biological parents, they see themselves. I miss that."

In 1995, Clausen tracked down Lisa Carter, a half sister born a year before him to the same mother, and last fall he learned of a younger half sister through the Internet. He hasn't located his biological father. "I want to hear from my birth mother on her terms," Clausen says. "I wouldn't compromise her confidentiality, and I would tell her that I have a happy life. I'd thank her for bringing me here."

In July '97, Clausen quit his job as an administrative analyst for the Solid Waste Management Department of Chapel Hill, N.C. and moved to the Olympic Training Center. Clausen, who has a master's in public administration from North Carolina State (he did his undergraduate work at Duke), lived on a USOC stipend and what he made shelving books part-time at the Chula Vista library. In November 1998, Enrique Pena, an '80 and '88 Olympian from Columbia, began coaching at Chula Vista. Within days, he had relaxed Clausen's arm carriage and increased his training intensity. "He made me believe anything was possible," Clausen says. Clausen wouldn't mind a monsoon in Sydney. "I relish bad conditions," he says. "Adversity takes people out of their game plans. I just deal with it."

And again, not to dispute the need for far better publicity, but there wasn't a complete dearth beyond Sports Illustrated. Amazingly, the local paper, the Columbus Dispatch, not known for love of track, let alone racewalking, devoted a third of a sports page, again with a nice photo of Curt, in a pre-race article on Friday, Feb. 11. The reporter, Todd Jones, is on assignment to the Olympics and decided to start his coverage with this trial, which qualified our first 2000 Olympians. He talked with me on the phone for at least 20 minutes, and also interviewed Elliott Denman, Ron Laird, and Curt himself. The article, which I repeat below, was reasonably well done. Unfortunately, the paper didn't carry even the results following the race.

One paper outside of Sacramento that did provide extensive post-race coverage was the Portland Oregonian, which, of course, was covering the local angle with two their own making the team. But, to their credit, they had reporter Abby Haight on the scene. Excerpts from that article also follow.

Wiggles elicit giggles, but racewalkers are serious

by Todd Jones, Columbus Dispatch

They usually train and compete in obscurity. Those rare moments when they're noticed sometimes result in snickers, jokes, heckles, and outright laughter from strangers. Often, they hear critics howl that they're not "true athletes." Yet they push their bodies so hard that they take themselves right below the lactic threshold—lactic acid irritates the muscle nerve endings and causes soreness and fatigue. It sounds a little more painful than what Manny Ramirez did in right field.

"What kind of pain can you tolerate?" Curt Clausen said. "What kind of envelope can you push?" By walking? Yes, walking. That's what Clausen does and he does it so well that he's America's best hope for a medal in the 50 km racewalking event at the Olympic Games this summer in Sydney, Australia.

"The average person," Clausen said, "hears the word *walk* and says, 'How hard can it be? It's a walking race.'" Well, try to match the pace Clausen and 12 competitors will set in the U.S. Olympic Trials 50 km racewalk Sunday on the campus of Sacramento (Calif.) State University. The top three finishers will make the U.S. team for Sydney. (The 20 km trials for men and women will be held in July.)

"It sounds easy, but it sure isn't," said Elliott Denman, a U.S. racewalker in the '56 Olympics. "A guy like Clausen is doing seven-minute miles for 31 miles. It's amazing." As part of his training, Clausen occasionally walks in marathons. He enjoys the reaction of runners he passes. "They go, 'Oh my goodness,' he said. "I don't pass many, because 90 percent of them are behind me."

Clausen, 32, holds the American racewalking record (3:48:04) for 50 km, which is 31 miles 120 yards, or nearly 5 miles longer than a marathon. Last year, he finished fourth in the

World Outdoor Track and Field Championships in Seville, Spain. Yet Clausen—born in New Jersey, raised in Wisconsin, and now training in California—is a stranger in his homeland.

"I'm better known in Germany than I am in the United States," he said. "The World Championships are televised in Europe. I get fan letters from Germany. 'Part of his obscurity can be traced to Americans' perception of the event. 'It looks silly, kind of weird,'" said Ron Laird, a four-time Olympic walker for the U.S.

Racewalking rules (enforced by judges) require competitors to keep one foot in contact with the ground at all times, and the knee of their back leg must be straightened with each step. (Ed. Well, he didn't quite get that right.) "You have a very unique hip roll and turning movement, which allows for great leg speed and efficiency," Laird said. "Do it correctly and you hardly feel the ground move underneath your feet."

Racewalkers perform the unique movements so quickly that they fool skeptics into believing they're breaking the rules. "They say, 'How can they do that? That can't be walking,'" Clausen said.

Clausen, who has walked a mile in 5:51.61, said racewalking is an extension of normal walking and feels natural, not awkward. But besides the exaggerated hip roll, racewalkers also pump their elbows furiously, which causes some to joke about and many to ignore racewalking. (Ed. Pumping the elbows sounds like an interesting thing to do, but probably not while walking.)

"It doesn't look manly enough, I guess," said Jack Mortland of Columbus, who finished 17th in the 20 km walk at the '64 Olympics. "There is that perception. Running is more macho, and that applies to women, too. The feeling is that running is a lot harder, and it's beneath you to stoop to walking."

An estimated 33.2 million Americans walk recreationally or for exercise, but only about 5000 compete in racewalking. Enormous dedication is necessary to be world class. Clausen walks between 75 and 105 miles a week. He trains seven days a week (twice a day Monday through Friday) and lifts weights. "You've got to be totally single-minded," Denman said. "To be good at that distance, you have to shut out all (distracting) factors."

The United States never has won an Olympic gold medal in racewalking, which has been dominated by Europeans and Mexicans since it was introduced in the 1908 Olympic Games. Larry Young was the last U.S. walker to medal (a bronze in the 50 km in 1968 and 1972).

"This is a huge country, so theoretically, we should have the talent to compete against the rest of the world," Clausen said. "But there are very few opportunities to try the sport and be exposed to it."

Very few high schools offer walking as part of track and field programs. It's not an NCAA event, although it is offered at NAIA schools. Denman said the U.S. wins more racewalking medals than any other nation at the masters level, over age 40. "But we urgently need more kids, younger people, coming up through the junior ranks," he said.

Maybe the popularity of racewalking will take off if Clausen or another American (such as Andrew Hermann, Philip Dunn, or Al Heppner) wins a medal in the 2000 Games. At least, maybe the jokes will ease up. "Anybody can stroll at four miles an hour," Denman said. "But start going at 10 miles an hour. That's a real athletic challenge."

The Oregonian article by Abby Haight is full of drama about the race and the conditions. It provided some nice background on the two Portland qualifiers--Andrew Hermann and Philip Dunn:

After high school, Dunn went to Carleton College in Minnesota, where he received his bachelor's degree in education, and Hermann went to Willamette University in Oregon where he studied international business. The two came together again to train for the 1996 U.S. Olympic Trials in the 20 km event. Both raced well, but didn't meet the Olympic standard and did not make

the team "That in itself was big motivation for me," Hermann says. They trained and raced, leaping into the U.S. elite.

Hermann spent almost two years in Spain, training with the Spanish national team. He became stronger, his technique improved. He won the national 50 km championship. Dunn lived near Washington, D.C., working as a substitute teacher and a desktop publisher. He qualified for the World Racewalking Cup in 1997 and a year later shifted to the 50 km. "I really enjoyed the longer distance," Dunn says. "And my coach would tell us 'Only the real men walk the 50'".

Both had success. Dunn was fourth overall and the first American in his first true 50 km, the Pan Am Cup in 1998. He was the Pan American Games bronze medalist, the first U.S. male walker to win an international medal in more than two decades. Both also struggled.

Hermann overtrained, and his results suffered. Dunn injured his knee and underwent surgery last August. "It's tough when you have to remind yourself why you're doing something," Dunn says. "It's easy when you just go out and say 'Yeah, I'm doing this for the Olympics.'"

Dunn turned to his twin brother, Malcolm, who coaches at Smith College, and his longtime girlfriend, Liz Flynn, a linguist who specializes in Chinese. "He stayed pretty up," Flynn says. "But it was hard for him to have to slow down for his rehabilitation."

Hermann talked to his parents, Allen and Dale, and his cousin, Mac Wilkins, an Olympic gold medalist in the discus who lives in Portland. "Make the view broader, make it deeper," Wilkins told the younger athlete. "Because if you do the same things as the other guys, you're going to race the same as those guys. The champion is the guy who's not afraid to be different. You have to have the imagination. And you have to have the courage to put it out there."

Dunn and Hermann moved to the ARCO Training Center in Chula Vista, where they lived a spartan life but had their lodging, food, physical therapy, and coaching paid by the U.S. Olympic Committee. Every day, the four men--Dunn, Hermann, Clausen, and Heppner--walked miles together, mentally challenged each other, physically competed. "If we were four people scattered around coming together for the race, then going home, it wouldn't be that big of a deal," Dunn says.

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American Records for Kirk, Seaman

Sacramento, Feb. 12 (From Al Heppner)--Despite unusually windy conditions, Danielle Kirk and Tim Seaman broke the American track records for 20 km this morning on Sacramento State's track. After Susan Armenta led for much of the race, Kirk came on strong to win in 1:38:19, while Tim Seaman led from wire to wire in walking 1:24:25.4. Kirk's time betters both her own 1:39:27 set 3 weeks ago and Gretchen Eastler's 1:38:48 last summer, both pending acceptance. Seaman broke Allen James record of 1:24:27, dating from 1994. (Ed. Note that these are track records. On the men's side, Tim Lewis had a 1:21:48, plus five other races faster than Seaman's record, and both Seaman (1:23:42) and Curt Clausen (1:23:34) have gone faster on the road. Among women, several, including Kirk herself, have been faster on the road, led by Michelle Rohl's 1:33:17.)

"This was a good season opener for me," Seaman said. "This performance tells me that the 'A' standard (1:23:00) will be accomplished." Seaman's biggest competition was history as he nipped James record by less than 2 seconds. James was in attendance having competed in a 10 km earlier in the morning.

Rain is common this time of year, but wind is not. Gusts of up to 30 miles per hour prevented further damage to the record book. "Everyone easily would've been 45 seconds to 1 minute faster without the wind," said Seaman. (Ed. As you know from our lead story, it persisted the next day.)

After Seaman, Denmark's Claus Jorgensen and ARCO Training Center's Kevin Eastler engaged in a heated battle for second with Jorgensen pulling away with 3 km to go. Jorgensen, a 1996 Olympian who has been training with the ARCO group for the past 6 weeks, was pleased with his decision to come to the States. "It's nice to be in California because I can train at a higher intensity than back home, where the temperature is frigid. This experience will definitely help me in my quest to qualify for the Olympics," he said after breaking the Danish track record.

In a women's 10 km, Junior Pan American champion Robyn Stevens set a personal best of 54:41.4 with her win. In all, six athletes from the two races qualified for July's Olympic 20 Km Trials, which will also be held on the Sacramento State track. The results:

Women: 1. Daniel Kirk, SC Walkers 1:38:19.1 2. Susan Armenta, New Balance 1:39:54 3. Jill Zenner, Cedarville, Ohio 1:46:33.7 4. Karen Styoanowski, Sierra Walkers 2:01:51.8 DNF--Carmen Jackinsky, Sierra Walkers: Debby Lawrence, Kenosha, Wis.; and Sara Standley, Los Angeles.

Men: 1. Tim Seaman, NYAC 1:24:25.4 2. Claus Jorgensen, Denmark 1:25:51.4 3. Kevin Eastler, US Air Force 1:26:08.8 4. Sean Albert, N.J. Striders 1:28:50.1 5. Xavier Moreno, Columbia 1:30:29.7 6. Joe Berendt, Sierra Walkers 1:51:00.8 7. Sojh Torabian, Sierra Walkers 1:54:06 DQ--Ric Holt

(I have no results on the 10 km races.)

Other results

New England 3 Km Indoor Championship, Boston, Feb. 19--1. Daniel Pendergast 14:46.71 2. Marcia Gutsche 17:47.02 3. David Baldwin 15:18.52 4. Tom Knatt 16:54.17 5. Ken Mattsson 17:10.45 **3.8 Miles, Brockton, Mass. Feb. 21--**1. Brian Savilonis (49) 31:05 2. Stan Sosnowski (49) 31:27 3. Joe Light (52) 31:43 4. Bill Harriman (52) 33:32 5. Steve Vaitones (44) 33:49 6. Paul Schell (62) 37:05 7. Charlie Masnach (55) 37:13 8. Justin Kuo (45) 39:15 9. Tom Knatt (59) 40:07 (14 finishers) Women--1. Annie Montgomery (52) 38:22 2. Mary Flanagan (40) 38:40 3. Pamela Hoss 40:08 (7 finishers) **Millrose Games 1 Mile, New York City, Feb. 5--**1. Allen James 6:15.43 2. John Nunn 6:17.06 3. Greg Dawson 6:26.94 4. Steve Pecinovsky 6:33.37 5. Josh Ginsburg 6:36.63 DQ--Rob Williams **Metropolitan Indoor 3 Km, New York City, Feb. 19--**1. Greg Dawson 12:48.56 2. Michelle Rohl 12:58.77 3. Rob Williams 13:56.67 4. William Vayo 15:43.58 5. Allen Sangeap 15:51.57 6. Loretta Schuellein 16:05.85 7. Bob Barrett 16:10.69 8. Mike Heitzman 17:11.16 9. Elton Richardson 17:15.24 (11 finishers, 1 DQ) **H.S. 1500 meter walk, New York City, Jan. 22--**1. Coleen Schmidt 7:08.79 2. Megan Sheehan 7:13 3. Anne Dumas 7:28 **New York Public Schools Indoor 1500 meters, Feb. 20--**1. Alice Tan 7:30.30 2. Cindy Barrett 7:45.03 3. Iris Moore 7:53 (11 finishers, 1 DQ) **10 Km, Washington, D.C., Dec. 18--**1. Vanessa Ryan 56:21 2. Alison Zabrenski 58:52 **5 Km, same place--**1. Victor Litwinski (56) 31:54 2. Sal Corrallo (68) 32:17 **3 Km Arlington, Vir., Jan. 9--**1. Kora Bouffler 15:39 2. Tim Good (40) 16:06 3. Vanessa Ryan 16:17 4. Victor Litwinski 18:07 5. Janet Adams (47) 18:28 6. John Gersh (52) 18:47 7. Michael Schwed (58) 18:48 8. Lois Dicker (60) 18:53 **7 Km, Miami, Jan. 15--**1. Thomas Cunningham (66) 44:08 Women--1. Linda Talbott 44:36 **5 Km, Winter Park, Fla., Jan. 22--**1. Lisa Sonntag 26:25 Men--1. Edgardo Rodriguez 28:24 2. Ray Jenkins 30:13 3. Karl Barsch (60+) 30:33 4. Galen Walker (50+) 31:15 **5 Km, Winter Park, Fla., Jan. 30--**1. Lisa Sonntag 25:40 2. Gayle Johnson 28:06 (1st 50-59) **5 Km, Maitland, Fla., Feb. 5--**1. Lisa Sonntag 26:21 2. Sperry Rademaker (60+) 30:24 Men--1. Edgardo Rodriguez 27:52 2. Ray Jenkins 29:47 **Mardi Gras Marathon, New Orleans, Feb. 11--**1. Dave McGovern 3:50:53 3. Steve Attaya (51) 4:55:58 3. Steve Royas 5:10:08 (8 finishers) Women--1. Lisa Pitre-Guevara 5:41:28 (3 finishers) **1/2 Marathon, same place--**1. Ron Branan (49) 2:24:17 2. Charlie Montague 2:25:11 (9 finishers) Women--1. Monetta Roberts (4) 2:16:40 2. Paddy Jones, Cincinnati, Ohio 2:22:32 3. Connie McCloskey 2:25:15 4. Barbarta Penatzer

(46) 2:27:18 (35 finishers) **5 Km, same place**--1. Randy Surratt (5) 30:36 (16 finishers) Women--1. Denise Surratt (50) 31:41 (53 finishers) **AltTel Invitational Indoor 3 Km, Findlay, Ohio, Jan. 28**--1. Jill Zenner, Miami Valley TC 13:47.78 2. Cheryl Rellinger, MVTC 14:16 3. Sara Stevenson, Olivet Nazarene 14:20 4. Katie Rulapaugh, Cedarville Col. 14:56 5. Angie Nieth, U. of Wis.-Parkside 17:04 6. Tesia Cole, Rio Grande U. 17:14 7. Allison Mann, UWP 17:35 8. Traci Bridges, Olivet Nazarene 18:15 Men--1. Gary Morgan, NYAC 12:31.94 2. Lachlan McDonald, UWP 13:00 3. Steve Pecinovsky, MVTC 13:01 4. Matt DeWitt, UWP 13:21 5. Steven Wuirke, UWP 14:00 6. Mike Sandelin, Taylor Un. 15:41 7. Eric Smith, MVTC (17) 15:45 8. Ed Fitch, MVTC 15:48 9. Jeremy Eye, McKendree Col. 16:08 10. Omar Nash, un., Cincinnati 16:13 11. Justin Grunert, McKendree Col. 17:17 12. Ryan Vitatoe, Lindsey Wilson Col. 17:58 13. Chris Pluister, Olivet Naz. 18:24 (2 DQs) **Ohio USATF Indoor 3 Km, Findlay, Feb. 20**--1. Jill Zenner 12:28 2. Cheryl Rellinger 14:17 3. Katie Rulapaugh 14:34 4. Tesia Cole 16:42 5. Tina Peters (12) MVTC 20:03 6. Dareth Fowler (44), Buckeye Striders 22:42 Men--1. Rod Craig (41), Urban Walkers, (Mich) 14:58:02 2. Vince Peters (46) MVTC 15:06 3. Ed Fitch 15:41 4. Eric Smith 16:36 5. Ross Barranco (50), Wolverine Pacers 16:52 6. Jack Shuter (70), Buckeye Striders 20:39 (Dan Dalton of the MVTC, three time USATF Jr. Olympic champion is devoting his talents to high school wrestling this winter and has a 36-6 record at 160 lb. Thus his absence from these meets.) **Midwest Masters Indoor 3 Km, New Lenox, Ill., Feb. 5**--1. Ron Winkler (45-49) 17:24 2. Kate Marrs (70-74) 20:33 3. ALice Winkler (45-49) 20:41 **5 Km, Denver, Jan. 16**--1. John Tarin (47) 25:25 2. Daryl Meyers (57) 28:45 3. Lorie rupoli (48) 30:29 **5 Km, Denver, Jan. 23**--1. Jose Pantoja, Mexico 23:50 **5 Km, Denver, Jan. 30**--1. Jose Pantoja, Mex. 21:00 2. Francisco Pantoja, Mex. 21:00 3. Sally Richards (47) 26:16 4. Daryl Meyers 28:42 5. Lorie Rupoli 30:35 (The Pantoja brothers, Jose, 26, and Francisco, 23, are visiting in Colorado for a while. They have been racing for the past 9 years under the guidance of Mexican National Coach, Jerzy Hausleber. Francisco walked 1:20:55 as a youth at the Naumburg Grand Prix in 1995 and has a best 50 of 4:05:03. Jose, getting back to racing after a couple of years off devoted to his two small children, has bests of 1:29:32 and 4:12:50) **5 Km, Denver, Feb. 6**--1. Francisco Pantega 20:00 2. Jose Pantoja 20:01 3. Daryl Meyers 29:07 4. Lorie Rupoli 29:52 5. Mike Heymans (52) 30:52 **Las Vegas 1/2 Marathon, Feb. 6**--1. Ric Holt 1:43:29 2. Janice McCaffrey (40), Canada 1:43:38 3. Victoria Herazo (40) 1:44:51 4. Michael Stauch 1:50:29 5. Christopher Dreher (42) 1:57:14 6. Norm Frable (54) 1:59:23 7. Roselle Safran 1:59:32 8. Lonnie Schreiner (56) 2:08:56 9. George Ospahl (58) 2:09:06 10. Mary Snyder (49) 2:11:31 (79 finishers) **5 Km, Chula Vista, Cal., Jan. 23 (places based on age grading)**--1. Jane Dana (78) 37:40 2. William Moreman (72) 31:58 3. Peter Corona (71) 31:50 4. Elizabeth Paxton (16) 26:50 5. Jolene Steigerwalt (56) 31:01 7. Bob Mimm (75) 33:48 7. Dione Catellanos (12) 30:17 8. Joe Nieroski (37) 24:26 9. Masahsi Nortake (75) 34:55 10. John Backlund (59) 29:52 (20 finishers, 4 DQs) **2.8 miles, Seattle, Jan. 8**--1. Stan Chraminski 24:50 2. Bob Novak 25:53 3. Ann Tuberg 26:38 4. Bev LaVeck 26:49 **10 Km, New Zealand, Feb. 15**--1. Craig Barrett 40:47.8 2. Tony Sargison 46:25 **15 Km, Melbourne, Aust., Jan. 30**--1. Bradley Malcolm 1:06:32 2. Pierce O'Callaghan, Ireland 1:07:12 3. Jamie Costin, Ireland 1:08:57 **Victorian Championships, Feb. 6**: Women's 5 Km--1. Wendy Muldoon 22:58 2. Simone Wolowiec 23:27 Men's 5 Km--1. Jamie Costin 19:55.29 2. Pierce O'Callaghan 20:13 3. Scott Nelson 20:36 **Women's 20 Km, West Australia, Jan. 23**--1. Sara Jane Cattermle 1:37:31 **15 Km, Melbourne, Feb. 13**--1. Bradley Malcolm 1:07:20 **Portuguese Indoor 5 Km, Espinho, Feb. 12**--1. Joao Vieira 19:47.25 2. Sergio Vieira 20:56 Women--1. Susan Reitor 13:03.35 2. Sofia Ayboila 13:38 3. Isilda GOnalves 13:42 4. Carla Monteiro 14:01 **German Indoor Championships, Sindelfingen, Feb. 13: Women 5 Km**--1. Beate Gummelt 12:05.66 2. Sabine Zimmer 12:26 3. Gabriele Herold 12:54 4. Annett Amberg 13:03 5. Andrea Meloni 13:26 6. Nicole Best 13:17 **Men's 5 Km**--1. Andreas Erm 19:17.19 2. Denis Trautman 19:44 3. Axel Noack 19:51 4. Michael Lohse 20:04 5. Maik Berger 20:07 6.

Nischan Daimer 20:13 **Irish Indoor Championships, Nanagh, Feb. 13: Women's 3 Km**--1. Gillian O'Sullivan 12:28.95 **Men's 5 Km**--1. Robert Heffernan 19:51.69 **British AAA Indoor 3 Km Championships, Birmingham, Jan. 30**: 1. Robert Heffernan, Ireland 11:38.20 2. M. Bell 12:04 3. A. Penn 12:11 4. J. Gibbons, Ireland 12:49 Women: 1. Gillian O'Sullivan, Ireland 12:33.11 2. S. TOnks 14:18

A Few Starting Line Locations During the Next Couple of Months

Sat. March 4	Half Marathon, Chico, Cal.(E) USATF National Indoor 3 Km, Atlanta 5 Km, Miami (Q) 7 Mile, Denver (maybe on Sunday) (H)
Sun. March 5	International 20 Km, Vancouver, B.C. (C) or gdrag@direct.com 5 Km, Ft. Lauderdale, Fla., 7:45 am (Q) 5 Miles, Denver (H)
Sat. March 11	2.8 Miles, Seattle, 9 am (C) Florida 1500 meters, Tampa (Q)
Sun. March 12	5 Km, Middletown, Ohio (M) 5 Km, Cambridge, Mass., 9:30 am (G) 5 Km, Cooper City, Fla., 7:30 am (Q) 5 and 15 Km, Kenosha, Wis. (O) 7 Km, Denver, 10:15 am (H)
Sat. March 18	Eastern Regional Masters Indoor 3 Km, New York City, 9 am (F)
Sun. March 19	50+ 5 Km, Palo Alto, Cal. (E) 5 Km, Littleton, Col., 9:30 am (H) Connecticut Indoor 1 Mile (G) 5 Km, New York City, 9 am (F) 20 KM, Huntington Beach, Cal. (B) 5 Km, Yellow Springs, Ohio (M)
Sat. March 25	3 Km Women, 5 Km Men, Cedarville, Ohio (M) 20 Km, Evanston, Ill. (or April 1) (AA)
Sun. March 26	USATF National Masters Indoor, Boston, 1 pm (N) 5 Km, Denver, 9:30 am (H)
Sat. April 1	5 Km, Boca Raton, Fla., 7:30 am (Q)
Sun. April 2	National Invitational 20 Km, Jr. 10 Km, Open 5 Km, Manassas, Virginia (J) 5 Km, Denver (H)
Sat. April 8	2.8 Miles, Seattle, 9 am (C) 10 Km, Long Island (F) 5 Km, Cupertino, Cal. (R)
Sun. April 9	5 Km, Cambridge, Mass, 9 :30 am (G)
Sat. April 15	5 Km, Delray Beach, Fla. , 7:30 am (Q)
Sun. April 16	10 Km, Kenosha, Wis. (O) National USATF 30 Km, Masters Womens 20 Km, Flushing, Mich. (I) Metropolitan 10 Km, New York City, 9 am (F) 3 Km, Alexandria, Vir. (J) 5 Km, Littleton, Col. (H) 5 Km, Auburn, Cal. (P)
Sat. April 22	10 Km, Seattle, 10 am (C) 15 Km, Long Island, 9 am (F) 5 and 10 Km, Washington, D.C. (J)

- Sun. April 23 Penn Relays 5 and 10 Km, Philadelphia
5 Km, Denver, 9 am (H)
5 Mile, Westerly, Rhode Island (N)
- Sat. April 29 5 Km, Grove City, Ohio, 8:30 am (Z)
- Sun. April 30 3 Km, Alexandria, Vir. (J)
5 Km, Denver (H)
- Sat. May 6 5 Km, Sioux Falls, S.D., 7 am (Y)
- Sun. May 7 10 Km, Eugene, Ore. (C)
1/2 Marathon, Long Island (F)
15 and 30 Km, Foster, Rhode Island (AA)
Jack Mortland 5, 10, and 20 Km (the 20 is an Ohio and North Zone
Championship, Yellow Springs, Ohio (M)
- Sat. May 13 5 Km, Long Island, 9 am (F)
- Sun. May 14 3 Km, Alexandria, Vir. (J)
New England 5 Km, Cambridge, Mass., 9:30 am (N)
15 Km, Kenosha, Wis. (O)

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From Heel to Toe

The memory's the first thing to go. From Charlie Mansbach: "In case people remark that the article by Barbara Huebner in your latest issue looks familiar, the piece originally appeared on June 22, 1968 in the Health/Science section of the *Boston Globe* (an august publication for which I happen to be page one editor). I then reprinted it in the July 1998 issue of the *New England*

Walkers Newsletter (an equally august publication for which I am clerk, editor, and mailer). Presumably impressed with this pedigreed work of journalism, you ran it in your August 1998 issue. The story was also distributed to clients of the New York Times Service, which is how it wound up in *The Oregonian*. When it appeared there, I cannot say. It's nice to see that the article lives on. I'm sure people will still find it of value this latest time around." Unfortunately, it rang no bells for me only 18 months after I had first used it. But, I remember things I printed 30 years ago. Well, I hope everyone enjoyed it both times around and will enjoy it again in a couple of years when I absently mindedly come across it, think it looks like a nice piece, and bring it to you again.

Team Challenge. From Bob Fine: "If any club (throughout the world) would like to compete in the 5 Km Team Challenge just send my your mailing address and I'll send info. There is no charge and no prizes. This is just a fun event to give a club an idea as to how they rate with other clubs." Bob's address is 3250 Lakeview Blvd., Delray Beach, FL 33445, e-mail: BobFine@aol.com. On another note, Bob reports: "For those clubs in North America, the following North American Masters Championships are available: On the roads 5, 8, and 20 km. On the track 3 km. The 10 km will be a part of the North American Track & Field Championships and the 15 km has already been assigned." **Official time/net time.** I had a question regarding these terms when I reported Disney Marathon and 1/2 Marathon results last month. This explanation from Robert Carver confirms what I was surmising. "Under USATT&F rules, the race is scored by gun time and the order of finish. The net time reflects what that individual ran or walked based on when he/she passed the start and finish lines. If the race was scored for a time trial, the 'net' time would reflect that finish. A person can use the net time for personal references such as PRs or training times or to use the time for qualifying for other races." Just one of the disadvantages of hugh fields. You can't start 15,000 people at the same time and how long it takes to reach the starting line after the gun fires can have a lot to do with who you do and don't beat. Personally, I always wondered why people want to get involved in these masses of humanity when one can find so many quiet, people race with a few friendly competitors. A like phenomenon is an annual winter hike in the Hocking Hills south of Columbus. It's a beautiful 6 mile trail, roundtrip. About 5000 people show up every year. We love to hike the trail (it can be extended to about 11 miles), but have certainly never joined the throngs. One can go down at most any other time and have the trail virtually to themselves, which is what we enjoy. Well, excuse the philosophical excursion away from the supposed subject of this newsletter.

Bedtime reading. One of my female subscribers, who I won't embarrass by identifying, sent the following note with her renewal: "Thanks for the ORW. It is art of my bedtime readings and the more I read it, the more I learn to love the sport." And, my typically male mind thought, "Wow! The joys of being an editor--going to bed with lovely lady subscribers." Whoops! Another excursion from the subject at hand.

Back to the Century's best. Last month we published Englishman Colin Young's picks as the top ten U.S. walkers of the 1900s. I mentioned that I might come up with a list of my own. Before I did that, I heard from one reader, past IAAF racewalk chairman and *T&F News* racewalk editor, Bob Bowman, with his picks. Bob listed his two major criteria as: 1. Honors won, especially internationally. 2. How they dominated their event and over a long period of time. He saw it this way: 1. Larry Young 2. Ron Laird 3. Curt Clausen 4. Henry Laskau 5. Ron Zinn 6. Rudy Haluza 7. Carl Schueler 8. Marco Evoniuk 9. Todd Scully 10. Tim Lewis. (To refresh your memory, Colin's 10 had been Laird, Young, Laskau, Haluza, Evoniuk, Schueler, Clausen, Harry Hinkel, and Jim Heiring) Bob also listed his top five women: 1. Sue Brodock 2. Michelle Rohl 3. Debbi Lawrence 4. Maryanne Torrellas 5. Teresa Vaill. Now I will throw in my 2 cents worth. Men: 1. Ron Laird 2. Larry Young 3. Henry Laskau 4. Tim Lewis (I'm not sure how Colin ignored him and Bob nearly did. He still has six of the fastest 20s in U.S. history and 24 U.S. Championships--the fourth most behind Laird, Laskau, and Young--including one at 50) 5. Marco Evoniuk 6. Carl Schueler 7. Curt Clausen 8. Allen James (Another strange omission by the other two, from my perspective. He was as dominant at both 20 and 50 in the mid '90s as Curt Clausen has been since.) 9. Ron

Zinn 10 Rudy Haluza (The last two are my contemporaries and great walkers. But Ron's career, unfortunately, was no longer than either Clausen or James and not nearly as dominant, so I can't rank him above them. Likewise, Rudy, who had an extended career, but one that was rather sporadic because of Air Force duties.) I give honorable mention to Heiring, Hinkel, and Dan O'Connor, who certainly matches Laird in the longevity category--ranked in the top 10 nationally at 50 in all but one year from 1973 to 1993, 13 in the top five. Never number 1, but two seconds and six thirds. Nine World Cup teams and some very good performances at 20 to boot. A total of 14 national titles. So, if you want you can try to draw a consensus from the three lists (which, incidentally, come from the three persons responsible for *T&F News* annual World Rankings.) Or, send me your own picks. Accepting Bob's top five women, I added five more: 6. Sue Liers 7. Lynn Weik 8. Victoria Herazo 9. Joanne Dow 10. Jeanne Bocci (the real pioneer of the sport, but past her prime when real opportunities to compete came along). Then, going a step further, I have listed my top ten at the two Olympic events--20 and 50 Km. The above rankings are based on overall brilliance. At 20 I rank the top 10 as: 1. Tim Lewis 2. Ron Laird 3. Allen James 4. Curt Clausen 5. Henry Laskau 6. Ron Zinn 7. Rudy Haluza 8. Todd Scully 9. Jim Heiring 10. Marco Evoniuk. Close, but no cigar--Jonathan Mathews, Tim Seaman, Neal Pyke, and Larry Young. At 50: 1. Larry Young 2. Curt Clausen 3. Carl Schueler 4. Marco Evoniuk 5. Allen James 6. Dan O'Connor 7. Andrzej Chylinski 8. Andrew Hermann 9. Herm Nelson 10. Jim Heiring. Close, but no cigar--Vincent O'Sullivan and Jonathan Matthews. Comments encouraged.

More century stuff. In the March issue, *Track & Field News* picked an All-Century team for all of the track and field events. First they picked the top athlete for each quarter of the century, and then the top person from those four. Their quarter century picks for the 20 Km racewalk were Ugo Frigerio, Italy; John Mikaelsson, Sweden; Vladimir Golubnichiy, Soviet Union; and Maruizio Damilano, Italy. Golubnichiy was picked as the best of the century. At 50, they chose no one for the first quarter century (the event was rarely contested and was not in the Olympics until 1932) and then Harold Whitlock, Great Britain; Abdon Pamich, Italy; and Hartwig Gauder, East Germany. Gauder was named as the best of the lot. I tend to disagree with Damilano as the athlete for the last quarter of the century at 20. Mexico's Daniel Bautista, while not the first of the Mexicans who revolutionized the sport, was the one who made the greatest impact. In the six years that he competed at the international level, *T&F News* ranked him number one the first five years and second the other. That was in 1980, when Damilano won the Olympics gold, with Bautista disqualified. However, Bautista had won a track race from Damilano by more than a minute and had three faster times than Damilano's best. The Ohio Racewalker ranked him number one that year, as well. Damilano had only two number one rankings. However, he was ranked in the top ten 14 times in 16 years, with three number twos, and three number threes, so he certainly takes Bautista on the longevity category. Bautista completely dominated, Damilano just kept going and going at a high level. I pick the Mexican, but it is certainly a close race. I won't argue with Golubnichiy as number one for the century. At 50, I would certainly lean towards Christoph Hohne (East Germany) over Pamich (it seems I am being tough on the Italians) and probably toward Raul Gonzales over Gauder, but there are probably good arguments either way in both cases. And what do my readers think? **A summation of world rankings.** In the course of my musings on T&F's walkers of the century, I found myself perusing their annual World Rankings. (Since they are all neatly summarized in the USATF Annual Racewalking Handbook, compiled by Bob Bowman, those rankings are easier to digest than my own, and the differences are never great.) While doing so, I decided to see who scored greatest over the years, giving 10 points for a number one ranking, 9 for number two, 8 for number, and so on down to 1 for number 10. So here are the highest scorers, with the number of years each athlete was ranked in parentheses: 20 Km--1. Maruizio Damilano, Italy 104 (14) 2. Mikhail Schennikov, USSR/Russia 68 (10) 3. Ernesto Canto, Mexico 60 (9) 4. Daniel Bautista, Mexico 59 (6) 5. Josef Pribilinec, Czech. 51 (6) 6. Jose Marin, Spain 50 (7) 7. Karl-Heinz Stadtmuller, East Germany 42 (7) 8. Ilya Markov,

Russia 39 (5) 9. Daniel Garcia, Mexico 38 (9) 10. Jefferson Perez, Ecuador 37 (5), Yevgeniy Misyulya, USSR, Belarus 37 (6), and Peter Frenkel, East Germany 37 (6). Remember, these rankings started in 1971, so Golubnichiy, who was at the end of his career, has just 22 points with a first, second, and eighth.) Most number ones: Bautista 5, Pribilinec 3, Damilano, Marin, Canto, Schennikov, and Markov 2. 50 Km--1. Hartwig Gauder, East Germany 95 (12) 2. Raul Gonzales, Mexico 78 (9) 3. Veniamin Soldatenko, USSR 65 (8) 4. Ronald Weigel, East Germany 64 (9) 5. Andrei Perlov, USSR/Russia 61 (7) 6. Robert Korzeniowski, Poland 45 (6) 7. Valentin Kononen, Finland 43 (8) 8. Jesus Garcia, Spain 40 (7) 9. Reima Salonen, Finland 39 (7) 10. Otto Bartsch, USSR 37 (5). (Christoph Hohne, at mid-career when the rankings began, has 30 pointsoff a first, two thirds, and a seventh.) Most number ones: Gonzales 5, Gauder 4, Bernd Kannenberg, West Germany 3, Soldatenko, Weigel, Perlov, Korzeniowski, Garcia 2. The best doubler appears to Jose Marin, sixth in the points at 20, who was also ranked seven times at 50 including a second and a third place. Weigel was twice ranked second at 20, to go with his fourth in the points at 50. Kannenberg had a second and fourth at 20 to go with his three firsts at 50. His career also ended early in this era. Gonzales had a third and two fourths at 20. Gonzales was ranked in the top three nine times (eight at 50, one at 20) to eight top three rankings for Gauder and Damilano, one of Gauder's coming at 20. Weigel had seven top threes, five at 50, two at 20. Well, that's probably about enough rankings statistics for one issue.

Looking Back

30 Years Ago (From the February 1970 ORW)--Dave Romansky topped Ron Laird in the National Indoor 1 Mile title race, 6:14 to 6:19.7. Ron Kulik was third in 6:20.5, Steve Hayden fourth in 6:22.5, Larry Walker fifth in 6:23.7, and Floyd Godwin sixth in 6:29, just 0.1 ahead of Ron Daniel. . .Laird and Godwin flew into Columbus the next morning and hooked up in a hot Indoor 3 Mile that afternoon at the OSU Invitational. Laird just won in an American record 20:48, a second ahead of Godwin. Your old editor, then a spry 35, managed 22:05, but couldn't avoid being lapped on the 220 yard track. The next day, the traveling duo contested a 15 km race in Denver. I guess there was a craving to race in those days. . .Romansky also had a 6:16 mile in Baltimore and an American record 5:50.2 for 1500 meters in New York. . .Laird was named the recipient of the 1968 Ron Zinn Award as the outstanding walker in the U.S., the fifth time he had won it in its 9-year existence.

25 Years Ago (From the February 1975 ORW)--Ron Daniel walked off with National Indoor 2 Mile (which had replaced the 1 Mile and eventually stretched to today's 5 Km) in 13:36.8, with Ron Laird and Larry Walker both less than a second behind in a blanket finish. Ron Kulik, Todd Scully, and Dave Romansky followed closely (13:43 for Romansky). . .The Women's 1 Mile title went to Sue Brodock in 7:22.5, 3 seconds ahead of her sister Linda and Ester Marquez. . .Bob Henderson captured the OSU Invitational 3 Mile in 21:52. In the 5-year interval, your editor had slowed to 23:17, but took second, although still lapped. . .Henderson also posted a 45:24 for 10 Km in Champaign, Illinois (indoors) the next afternoon after riding all night in the Mortland car (and also competing in the National 2 Mile in New York the night before the Columbus race as he apparently tried to match the Laird-Godwin odyssey). Young Jim Heiring showed his potential at Champaign with a 47:35. Your editor came third in 50:07. . .Sue Brodock had a world's best of 7:15.2 for 1 Mile in Los Angeles and then bettered that with a 7:13.9. . .Vladimir Golubnichiy, nearing age 40, won the 3 Mile in the US-USSR indoor dual in a world's best 19:46.2. Veniamin Soldatenko edged out Ron Laird for second, 20:24.8 to 20:27.6.

20 Years Ago (From the February 1980 ORW)--Marcel Jobin of Canada won a 1 Mile race in the Houston Astrodome in a blazing 5:54.6, a North American best. . . Two weeks earlier, Jim Heiring had done 5:57.5 in L.A. In that same L.A. meet, Sue Brodock recorded a women's world best of 6:58.1. . . Jeff Ellis, U. of Wisconsin, Stevens Point, won the NAIA 2 Mile in 13:53.4, with Mel McGinnis second. . . Chris Hansen did 5 km indoors in 21:28 in Racine, Wis. . . The day after his fast mile, Jobin won a 50 km in 4:01:34, also in Houston.

15 Years Ago (From the February 1985 ORW)--U.S. indoor titles went to Jim Heiring at 2 miles in 12:07.5 and Teresa Vaill at 1 Mile in 6:58.6. Tim Lewis was nearly 20 seconds back of Heiring, with Gary Morgan third and Tom Edwards fourth. Maryanne Torrellas trailed Vaill by 5 seconds, with Ester Lopez on her heels. Carol Brown and Susan Liers were fourth and fifth. . . France's Gerard Lelievre won the World Indoor 5 km title in 19:06.22. Maurizio Damilano, Italy, was second in 19:11.41, Australia's Dave Smith third in 19:16.04, and Czechoslovakia's Roman Mrazek fourth in 19:39.73. Jim Heiring set an American record of 20:11.69 in sixth. . . Italy's Guiliana Salce won the women's 3 Km World Title in 12:53.42 with Canada's Ann Peel third in 13:06.97. . . Tom Edwards won the TAC National Indoor 3 Km in 11:47.7, beating Gary Morgan (11:55.9), Tim Lewis (11:56.7), and Ray Funkhouser (11:59.3).

10 Years Ago (From the February 1990 ORW)--Teresa Vaill won the Women's National Indoor 3 Km for the second year in a row with a 12:53.17 effort. Ann Peel, Canada, was 17 seconds back in second, and Victoria Herazo (13:37.10) and Maryanne Torrellas (13:50.12) followed. . . In the Men's 5 Km, Canada's Tim Berrett walked away from the field with a 19:42.90. Doug Fournier won the U.S. title in 20:08.40, seven seconds ahead of Gary Morgan. Dave McGovern took fourth in 20:40.90, just ahead of Allen James. . . Tim Lewis, only seventh in the National 5 Km, had won the Millrose Games 1 Mile earlier in the month in 5:50.33 with Berrett trailing Steve Pecinovsky in third. A week later, he still had Berrett's number in a 1500 meter race in New York, winning in 5:15.01, 4 seconds ahead of Berrett. . . Vaill had a 6:06 to win the women's 1500 in that latter meet, 14 seconds ahead of Herazo. . . Maryanne Torrellas (6:48.63) won a sparkling mile race over Lynn Weik (6:50.65) and Herazo (6:56.01) in Fairfax, Virginia.

5 Years Ago (From the February 1994 ORW)--After a race-long battle with Victoria Herazo, Michelle Rohl won the World Cup Trial at 10 km, 45:12 to 45:26. Lyn Brubaker was a distant third in 46:52, 10 seconds ahead of Teresa Vaill. Debora VanOrden took the final spot on the team in 47:22. . . In the men's 20 Km trial, Allen James led Dave McGovern by 12 seconds in 1:28:21. Andrew Hermann (1:28:47), Philip Dunn (1:29:19), and Rob Cole (1:29:21) filled out the top five. Will Van Axen (1:29:41) just missed the team. . . In an open 10 km in conjunction with the women's trial at Disney World, Rob Cole did 44:16.

1999 World Junior Men's 20 Km List

1:19:36 Roman Rasskazov, Russia
1:22:49 Aleksandr Stokov, Russia
1:24:59 Aivars Kadaks, Latvia
1:25:02 Troy Sundstrom, Australia
1:26:00 Stepan yudin, Russia
1:26:04 Maris Putenis, Latvia
1:26:16 Vladimir Potemin, Russia
1:27:42 Bian Aiguo, China
1:28:02 Pei Chang, China
1:28:18 Viktor Burayev, Russia

1999 World Junior Women's 20 Km List

1:27:35 Natalya Fedoskina, Russia
1:29:09 Olga Polyakova, Russia
1:30:12 Lyudmila Yefinkina, Russia
1:31:45 Larisa Safronova, Russia
1:35:24 Irina Klepikova, Russia
1:26:10 Anne Simonsen, Norway
1:36:17 Lyudmila Bushmeleva, Russia
1:37:03 Li Yutui, China
1:37:34 Gao Kelian, China
1:27:51 Ha Ming, China

(Hand times of 12:28.29 Zhu Hingjun, China, 1:24:29 Pei Chuang, China; and 1:26:23, Wang Shigang, China are shown on a separate list.)



Among the best of the century. As noted on page 12, *Track and Field News* picked John Mikaelsson, Sweden, and Harold Whitlock, Great Britain, as the best walkers of the second quarter of the century at 20 and 50 Km, respectively. Here they are together during a 1937 race in London. Whitlock won the 50 at the 1936 Berlin Olympics in 4:30:42. Mikaelsson carried on after the war, and won the 10 Km at the 1948 London Olympics in 45:13.2.